

4 Minute Read



FREE GUIDE

The 5 Best Ways to Treat your Wrinkles Without Surgery



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Introduction



Let's be honest. Most of us do not like wrinkles, but they're an inevitable part of growing older. They often add years to your appearance. These pesky wrinkles have many names including "frown lines" and "crow's feet" and "smile lines;" but no matter what we call them, there are ways to reduce the appearance of them in a variety of ways.

In this guide we break down the five best options to help eliminate wrinkles without surgery.

Option #1:

Neurotoxins

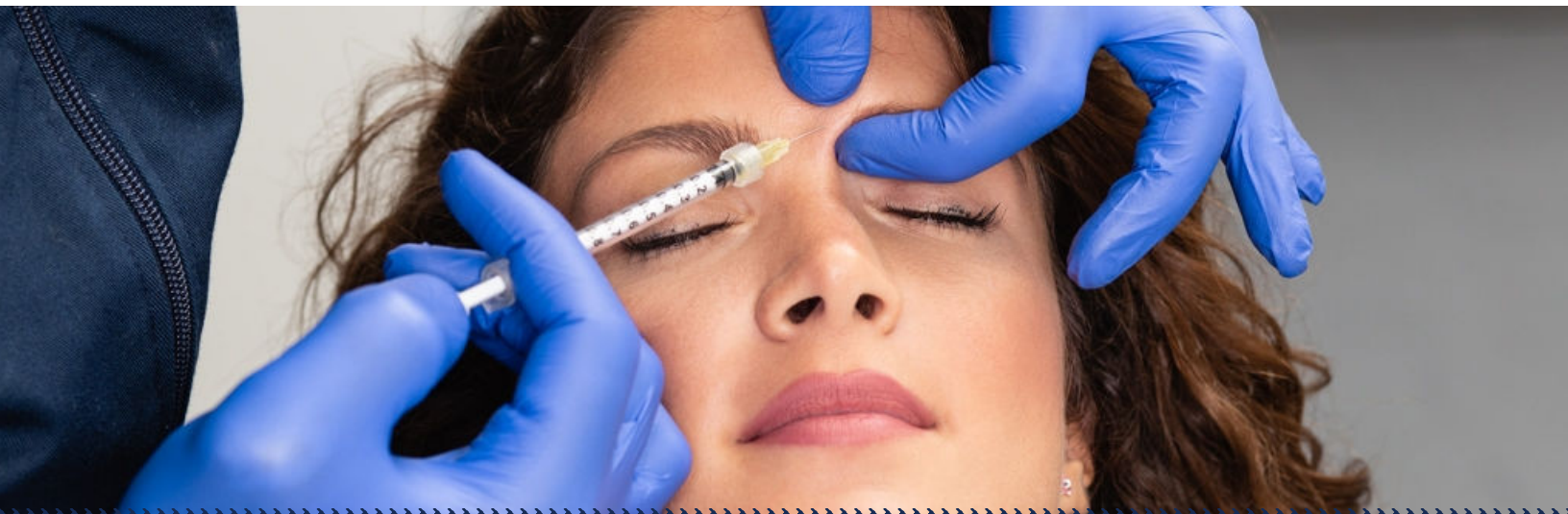
Neurotoxins, the most popular choice, work by relaxing the muscles that cause wrinkles, reducing the appearance of either horizontal or vertical lines on the face. There are several new neurotoxin formulas that work similarly but with different goals and longevities in mind. These include Botox, Dysport, Xeomin, and Jeuveau.

If you've been concerned with wrinkles along the expression lines of the face, a neurotoxin treatment may be right for you. Generally, we use neurotoxins to treat the following:

- Forehead lines
- Crow's feet
- Smile/laugh lines

- Bunny lines
- Frown lines between brows
- Excessive sweating
- Lax lower eyelid skin
- Platysmal bands
- Smoker's lines
- Lips (above the lip for a "lip flip")

Results are typically noticeable within a few days with effects lasting anywhere from three to six months. As an added bonus, post-treatment downtime is minimal, meaning that you can go about your day immediately after your office visit.





At Image Surgical Arts,

we have specific fillers available for volume loss and wrinkles around the eyes, lips, cheeks, the nasal area and more.

Option #2: Dermal Fillers

If your areas of concern are related volume loss or deeper wrinkles or folds, dermal fillers may be the ideal option for you. These minimally-invasive injectables are designed to combat wrinkles by increasing volume in the face. [Dermal fillers](#) work differently than neurotoxins. Rather than relax muscles, they increase volume in areas that have become prone to folds and sags in many different areas of the face.

At Image Surgical Arts, we have specific fillers available for volume loss and wrinkles around the eyes, lips, cheeks, the nasal area and more. Downtime is also minimal with dermal fillers, and depending on the treatment, results can last for upwards of twelve months or more.



Option #3:

PRP

[Platelet-Rich Plasma \(PRP\) Treatments](#) are a zero-downtime treatment option for increasing collagen levels. Treatments can be done in as little as 30-minutes to an hour. PRP injections contain growth factors and healing properties that promote increased cellular turnover and collagen production.

Our highly-trained providers often combine PRP with dermal fillers to provide both short-term and long-term volume improvement. Since PRP increases collagen production, it works to build the natural fullness to your face while the filler provides the temporary fullness you desire.





Option #4: Vivace Microneedling



Vivace is an advanced microneedling device that's ideal for addressing your individual concerns while also providing total rejuvenation. The minimally-invasive procedure is safe and effective for nearly any skin type, texture, or tone. There is little to no downtime involved, and patients can see a significant improvement in their skin's overall health after just one session.

Vivace combines the long-lasting benefits of microneedling with Radiofrequency (RF) technology and PRP for enhanced results. Microneedling triggers the body's

natural self-healing processes, which signal the production of skin-nourishing collagen and elastin. RF wavelengths **effectively tighten the skin for deep dermal rejuvenation.**

As we combine PRP with dermal fillers, we often combine PRP with microneedling. With microneedling, the PRP is applied topically, allowing much-needed platelets, stem cells, and other growth factors to penetrate to the lower layers of skin. The result is an improvement in skin tightness, elasticity, fine lines, wrinkles and pore size.



Option #5: Erbium Skin Resurfacing

Non-surgical skin resurfacing, such as Erbium treatments, can be beneficial for patients that are dealing with fine lines and wrinkles, scars, sun-damaged skin, hyperpigmentation, and poor overall skin quality. Treatments are highly personalized according to each patients' individual concerns and goals.

Skin resurfacing can help increase your skin's long-term collagen supply. Dull, damaged skin is gently exfoliated one layer at a time until desired results are achieved. Visible improvement to the skin's overall texture and tone can be seen in several weeks with more severe concerns gradually fading over the course of several months.

So, What's Right for Me?

Much like your concerns, treatments are also unique. That's why we offer a variety of options in order to help you look your best. What's right for you depends largely on your aesthetic goals. Join us for your complimentary consultation at one of our offices. [During your consultation](#), your provider will walk you through a series of options. If you have any particular areas of concern, be sure to address them with your specialist.



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